Activity ID: 2017-0001  
Course Director: Dr. Michelle Chervak  
CME Planner: Kimberly McCoy-Stafford, MSPH, MCHES  

Accreditation Statement: The U.S. Army Medical Command is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.  

Credit Designation: The U.S. Army Medical Command designates this Live Activity should be approved (by the end of FY17) for a maximum of 5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.  

Statement of Need/Gap Analysis  
The purpose of this CME activity is to address the identified gap(s):  
1. A knowledge gap exists in understanding the current research and evaluation on a variety of military-relevant health topics including injury prevention, physical activity, nutrition, sleep, and other health promotion initiatives (e.g. tobacco cessation). This is evidenced by the low number professional development opportunities through which dissemination of research and evaluation findings on these topics to clinicians and public health professionals are provided throughout the Army.  

Learning Objectives  
1. Explain emerging lessons learned from military-relevant medical research and public health investigations to inform physicians, other medical staff, and health promotion professionals on a variety of injury prevention and behavior health topics essential to the optimal performance and health of Soldiers.  
2. Explain requirements for optimal performance to a variety of providers across the Army through accessible online presentations.  
3. Discuss injury prevention and performance optimization applicable to providers’ essential job functions.  

Target Audience / Scope of Practice  
Target Audience: The intended audience for this activity includes medical providers (such as physicians, nurses, dietitians, and physical therapists), their staff, health promotion professionals, and other public health professionals.
Scope of Practice: This activity provides the latest information on evidence-based practices and research outcomes related to injury prevention, physical performance optimization, and health promotion.

Policy on Disclosure
It is the policy of the U.S. Army Medical Command that all CME planning committee/faculty/authors disclose relationships with commercial entities upon invitation of participation. Disclosure documents are reviewed for potential conflicts of interest and, if identified, they are resolved prior to confirmation of participation.

Disclosure of Faculty Relationships

Faculty Members  Session 1: 12 December 2016
Coyner, Jennifer  - No information to disclose.
Crombie, Aaron  - No information to disclose.

Committee Members
Chervak, Michelle  - No information to disclose.
McCoy-Stafford, Kimberly  - No information to disclose.
Stephen, Mellina  - No information to disclose.

Acknowledgment of Commercial Support
There is no commercial support associated with this educational activity.

This is a required handout. It must be disseminated to each learner prior to the start of the Education Series/Activity.

Upon completion of this activity, log on to the CME Website at https://education.mods.army.mil/cme/secured to obtain a physician or non-physician certificate. From the home page, click on the ‘CME User Accounts’ portal then login. Complete the Series/Activity Evaluation and Request for Credit Form and submit. For assistance, you may contact the Series/CME Planner, Kimberly McCoy-Stafford, at kimberly.a.mccoy-stafford.civ@mail.mil or (571) 529-0831.

** The U.S. Army Medical Command supports the Americans with Disabilities Act. Please contact the Series Administrator for any special request. **
### Session 1 Agenda: 12 December 2016

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<td>Impact of SOF DFAC Menu and Labeling Modifications</td>
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<td>13:30 - 14:00</td>
<td>Differential Expression of Phosphorylated Mitogen-activated Protein Kinase in the Amygdala of Mice</td>
<td>LTC Jennifer Coyner, PhD</td>
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### Presenter – Area of Expertise

**Session 1: 12 December 2016**

**MAJ Aaron P. Crombie, PhD**

MAJ Crombie has served in a variety of clinical dietetics and foodservice management related positions to include duty stations at Brook Army Medical Center and as Chief, Nutritional Medicine at Fort Polk, LA. MAJ Crombie served in research capacity while assigned to USARIEM at Fort Bragg, NC, and Natick, MA, supervising research protocols related to field and garrison Soldier feeding.

**MAJ Jennifer Coyner, PhD**

LTC Coyner is an Active Duty Army Certified Registered Nurse Anesthetist (CRNA) with over 22 years of experience as an ANC Officer. She earned a PhD in Neuroscience in 2013 and she is currently serving as the Director of the Army’s Nurse Anesthesia Program at Fort Sam Houston, TX. LTC Coyner’s research focus is long-term fear memory formation.